### COURAGEOUS **FUTURES**

### **Transformative Job Skills**

- Critical thinking
- Creative Problem Solving
- Effective written and oral communication
- Advanced research skills.
- Coalition building across differences
- The ability to see the world from multiple perspectives
- Intersectional analysis: race, class, gender, sexuality, ability and nationality.

### WHAT CAN I DO WITH A BAIN CRGS?

**Education** 

**Public Relations** 

**Social Work** 

Law, Public Policy & Government

Community **Organizing** 

**Journalism** 

**Healthcare** 

**Academic** Research

**Violence** Prevention

Counseling

**Human Resources** 

**Non-Profit Work** 

Sexual Health **Advocacy** 

## **DECLARE** A MAJOR OR **MINOR**



Dr. Paul Michael I. Atienza at pmla1@humboldt.edu to schedule an advising meeting VISIT and COMPLETE: https://registrar.humboldt.edu/ changes-majors-minors



Behavioral Social Sciences (BSS) 206



(707) 826-4329





# Course Major Requirements: 3 Pathways (ES, MQS, WS) Each 42 units total

**CORE Requirements** (26 units)
All CRGS majors must complete

CRGS 108 - Power/Privilege

ES 105 - Intro to US Ethnic Studies OR WS 107 - Women, Narrative, History

#### **Select ONE from**

ES 106 - Intro to Black Studies

ES 107 - Chican@/Latinx Lives

ES 108 - Asian American Lives

WS 106 -Intro to Women's Studies

CRGS 331 - Radical Futures

CRGS 360 - Race, Gender & US Law

CRGS 390 - Theory & Methods

CRGS 485 - Professional Development

**CRGS 313** - Community Activism

#### Two Units from

CRGS 482 - Internship

CRGS 491 - Mentoring

CHOOSE A PATHWAY EMPHASIS (16 units)

### **Ethnic Studies (ES) Pathway**

ES 310 - US Mexico Border plus 12 units of electives

# Multicultural Queer Studies (MQS) OR Women's Studies (WS) Pathway

CRGS 430 - Decolonizing Gender & Sexuality plus 12 units of electives

### **Alumni Testimonials**



Steffi Puerto (she/her/ella), Spring 2023

I currently work as a news reporter for KALW San Francisco Public Radio.
The knowledges I acquired as a CRGS major allowed me to interject and create conversations around language, representation, and building community at the radio station. It also helped me advocate for stories from perspectives that are not often covered in media.

Lalo Rivera (he/they), Fall 2022



I'm a community outreach director for a non-profit in San Diego county. I write grants, teach a literacy class for Latine parents with children aged 0 to 5, and mentor first-generation college students.

My major in CRGS allows me to see structural issues in my community and it prepared me to contribute toward finding solutions to address our need for specific resources.

# Minor Requirements: Each 16 units total

### **Comparative Ethnic Studies**

ES 105 - Intro to US Ethnic Studies
ES 301 - Media & Politics of Represen.
ES 308 - Multi-Ethnic Resistance
PLUS 6 units of electives\*

### **Multicultural Queer Studies**

CRGS 108 - Power/Privilege
CRGS 430 - Decolonizing Gender & Sex.
CRGS 313 - Community Activism OR
CRGS 482 - Internship (2 units)
PLUS 7 units of electives\*

### Women's Studies

WS 106 -Intro to Women's Studies
WS 107 - Women, Narrative, History
CRGS 390 - Theory & Methods
PLUS 6 units of electives\*

#### \*ELECTIVE UNITS

REQUIRE CONSULTATION WITH ADVISOR



