

Best Practices for Completing the CRGS major in a timely manner:

For students entering the major as 1st year students (freshmen):

Complete all lower division GE requirements in your first 2 years and use your major requirements to help you complete Area C, Area D and DCG

- Take **CRGS 108: Power/Privilege** in your first year: fulfills major requirement and lower division Area D and DCG domestic
- Take one of the following classes to meet your lower division major requirement in “**Historical Content**”: ES 105: Intro to Ethnic Studies (Area D and DCG) or WS 107: Women, Culture, History (Area C and DCG)
- Take one of the following classes to meet your “**Contemporary Issues**” requirement: ES 106 Intro to Black Studies (Area C and DCG); Intro to Women’s Studies (Area D and DCG); or ES 107: Chican@ Latin@ Lives
- Consider taking **NAS 200** to fulfill your history course (note: if you are thinking about entering HSU’s Master’s in Social Work program, this course will fill one of your pre-requisites for the program)
- Consider taking a **Statistics** class for your math class (note: if you are thinking about entering any Master’s in Social Work program, this course will fill one of your pre-requisites for an MSW)
- If you aren’t already bilingual, consider taking a **language** class to become conversational in another language (this opens the doors for many opportunities, including study abroad as well as increased opportunities for employment after graduation)
- If you want to jump start your organizing skills, consider taking **CRGS 313: Community Activism** in your second year
- If **studying abroad** is even a remote possibility, visit HSU’s informational website about study abroad at <http://humboldt-international.terradata.com/> and attend one of their mandatory meetings
- For planning your schedule for years 3 and 4, follow the advice below for students entering the major in their third year

For students entering the major as 3rd year students (juniors):

- Take **CRGS 108: Power/Privilege** as soon as possible: fulfills major requirement and lower division Area D and DCG domestic
- You may choose to either take lower division classes to fulfill the two other lower division requirements (**Historical Content** and **Contemporary Issues**), or you may discuss the possibility of substituting upper division courses for these requirements (e.g., ES 308 is commonly substituted for ES 105)
- Students choose between completing an **internship** or serving as a **mentor** in a CRGS class. In your first semester of your junior year start talking with your advisor about a good **internship** opportunity. This internship should help you build your resume and prepare you for future work and/or study. Students who are interested in **mentoring** other students within

a classroom, should contact faculty members teaching lower division classes to see if they need a mentor.

- Take **CRGS 330: Women of Color Feminisms** in your junior year. It helps build the skills you will need for your transnational requirement.
- The **transnational course requirement** for your pathway (for Ethnic Studies: ES 310: US Mexico Border; For Multicultural Queer Studies: CRGS 430: Queer Across Cultures or for Women's Studies WS 315: Sex, Gender and Globalization) has a challenging research and writing project. Keep this in mind when planning your schedule.
- **CRGS 390: Theory and Methods** is best taken after students take a number of core courses so they have a strong foundation in the discipline to build on.
- The **CRGS 485 Professional Development** class helps prepare you for your next steps after graduation. We offer it in the Spring and encourage you to take it during your junior year.
- Refer carefully to your **DARS** to ensure you are completing all degree requirements. Use **DARS Planner** to determine when you will take required courses.
- Remember to register for and take the **GWPE** (Graduate Writing Proficiency Exam). No need to stress about the test and no need to study: you will pass! Please do try your best, because GWPE scores are sometimes used to reflect on the overall quality of the major.
- Beginning Spring 2016, students must **register** to participate in **Graduation**.